

**Pilot project:**

**Project name and short description**

**Audit Healthy school / healthy kindergarten**

The audit is a method to (self-) evaluate and certifies kindergarten and schools as healthy institutions. Health promoting resources and potentials of schools and kindergarten will be activated and the communication about health promotion in the context of quality and achievement becomes more intensive.



**Target groups of the project**

The main target groups, short term as well as long term, are children, parents and the different employees of the institutions because the project produces lasting effects for all.

Besides the responsible of the participating kindergarten / school are also long term target groups in order to sustain the changes in the institution.

**Partners**

Co-operation partners are the organization for health Sachsen-Anhalt e.V., the ministry for social and health affairs and health insurances in Schleswig-Holstein, which are financing the project, as well as the participating schools and kindergarten.

**Background of the project**

In the context of the PISA discussions the correlation of school quality and a healthy school development has become more and more transparent: health, wellbeing and school achievement cause each other. Meanwhile six federal states in Germany work with the tool which has been developed by our partner organisation for health in Sachsen-Anhalt according to quality proceedings in hospitals. More than 100 schools have been certified as a "healthy school".

**Practical implementation**

Modules

- The school / kindergarten name somebody of their team as a quality delegate and persons who are interested in the function of being an auditor.
- The LVGF qualifies the delegates for health promotion in a half-day advanced training.
- The school / kindergarten arrange a self-evaluation on the basis of a criteria check list and write a quality report. If at least 55% of the demanded criteria are achieved, an external evaluation by the LVGF and auditors from other schools / kindergarten follows.
- Within a hospitation of the school / kindergarten the audit team has the possibility to visit the institution, to take part at a lesson or special activity und to speak with responsible persons, (kindergarten) teacher, parents, pupils /kids.
- The LVGF certifies the institution and hands out the sign "Healthy school / healthy kindergarten" which has validity for 3 years.

### Practical experience

Due to the changes in the school system in Schleswig-Holstein and the extra work for teachers and school responsible persons it takes much time to find interested schools.

The audit “healthy kindergarten” has just been started with two great opening expert conferences with more than 80 kindergartens.

### Effect and evaluations

#### Can you see that the effects on the target group?

The feedback of the participating institutions shows that the communication becomes more intensive and that the audit generates pulses for the realisation of short-term and middle-term aims.

To have this certification is a very good publicity for the kindergarten or the school.

### Contacts:

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