

Basic Conditions for Public Health Strategies in Orebro County 2003-2011

Coordinated politics

- Coordinated politics and efforts between the health sector and other sectors could be an important strategy for improving health

Starting points for Public Health Agreements

- Political collaboration between Region and Municipalities in Public Health issues.
- Collaboration for equal health, focusing on (in)equity.
- Long term commitment (4 years)
- Strengthen health promotion and disease prevention.
- Strengthen collaboration within ANT (Alcohol, Narcotic and Tobacco) prevention
- New national goals for Public Health
- Evaluation of the organisations model.
- Focus on children and young people.

Goals for Improved Public Health in Sweden

- 1. Participation and influence in society
- 2. Economic and Social security
- 3. Secure and favourable conditions during childhood and adolescence
- 4. Healthier working life
- 5. Health and safe environments and products
- 6. Health promotion health and medical care
- 7. Effective protection against communicable diseases
- 8. Safe sexuality and good reproductive health
- 9. Increased physical activity
- 10. Good eating habits and safe food
- 11. Reduced use of tobacco and alcohol, a society free from illicit drugs and doping and a reduction in the harmful effects of excessive gambling

Regional Public Health Strategy

- In the County of Örebro we support good and equal health through durable collaboration within partnerships. Our work is based on the social determinants of health and aims for the promotion of everybody's right to a good health and quality of life. The health of children and young people is a priority.

Base for collaboration

- Public Health plan adopted by regional parliament in 2007
- “Public Health plan with goals for a PH policy; a good and equal health in Örebro County 2008-2011”
- Collaboration
 - With communities aiming to establish common strategies and a durable policy for health and welfare
 - For health promoting schools and child care
 - For a regional strategy for alcohol and drugs prevention
 - For new and improved methods of intervention, skills development and epidemiological surveillance

Agreements with Municipalities, Primary Health, Sports Associations and Study Associations

Municipalities

- Örebro
- Hallefors, Ljusnarsberg, Lindesberg and Nora (Northern District)
- Kumla, Hallsberg, Lekeberg, Askersund and Laxå (Southern District)
- Karlskoga and Degerfors (Western District)

Activities, skills development, local platforms for democracy and policy development.

Örebro county



Tasks for Dept of Community Medicine

- Support municipalities in the development of new and/or improved skills and methods.
- Support municipalities with epidemiological data, in a format that facilitates the development of local policies and the implementation of methods and strategies within the communities.
- Support municipalities in reviewing and evaluating their work.
- Provide a coordinator for health promoting schools for each district.

Tasks for Municipalities

- Ensure that Public Health aspects are noted in social planning and within the work of the municipalities.
- Prioritize efforts that aims to improves the lifestyles and living conditions of children and young people; focusing on strengthening and supporting parents, mental health, and on overweight and obesity.
- Ensure the documentation and evaluation of municipal Public Health work, including a yearly plan for activities and a closure of accounts.
- Provide a description of the Public Health and lifestyle within the municipality.
- Employ a strategic Public Health Planner and a Public Health Educationalist for the district.

Agreement with Primary Health

- Addition to larger agreement between health board and primary health, describing the task to offer and/or supply inhabitants with care in a way that prevents, cures or lessens disease.

Tasks for Primary Health Care

- In collaboration with others strengthen and develop the prevention of lifestyle related illness.
- Support the establishment of community based Public Health interventions.
- Prioritize the good and equal health among children and young people.
- Be a clear and active partner in the establishment of family supporting activities.
- Improve Public Health skills within the organization.
- Evaluate and document its work; ensuring that plans and closures are developed.
- Be a resource in the district based local democracy platforms.
- Actively work with skills offered by the board, and appoint a collaborator with the Dept of Community Medicine for improved contact and mutual development.

Tasks for The Sports Associations (PH sector)

- Acting agent in the vision “Movement through Life”
- Active within lifestyle issues, primarily physical activities
- Active in implementing “activities on prescription”; assisting patients to find activities, creating groups, and – in collaboration with Dept of Com Med and the health care organizations – developing and improving methods.
- Active in supporting obese people to change lifestyles through the creation of groups and – in collaboration with Dept of Com Med and the health care organizations – developing and improving methods.
- Assisting and supporting sports clubs to become actively involved in Public Health interventions.
- Prioritizing children, young people and their need for physical activities.
- Collaborating with municipalities and acting as a resources in the democratic and policy formulating processes.

Tasks for Study Associations

- Make it possible for people to influence their life situation through an increasing awareness of the connection between life conditions, living habits and health
- Focus on the importance of nature and culture for human health.
- Bridge educational gaps and raise the level of education and cultural awareness in society and work for a model for Healthy Folk High Schools
- Broaden the interest for and increase participation in cultural life.
- Collaborating with municipalities and acting as a resources in the democratic and policy formulating processes.

Dept of Community Medicine

- Resource for evaluation
- Resource for method improvement and skills development within community based Public Health work.
- Resources for method improvement and skills development within prevention in the Health Care sector.

What is new in the agreements 2008-2011

- Platform for political dialogues in each district
- Focus on supporting parents, physical activities, and obesity
- Regional goals based in national
- Municipalities and Region deciding on common goals for each district.