

How to create a Public Health process

The Public Health process in
Östergötland
August 2009 - April 2010

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Executive
Agency for
Health and
Consumers

The Healthy Regions project is partly financed by the EU Public Health Programme.

www.healthyregions.eu

The Aim of this process

Achieve political unity in the municipalities and the county of Östergötland and create a structure for regional coordination

Revise the regional public health program 2001 - 2010

Produce a systematic and long-term approach in the region that contributes to an improved public health which is seen as a factor for social and economic growth

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Implementation of the process

Steering-group- politicians elected by the parties

Decision group – the regional federation board

Regional network – public servants and politicians from all municipalities and county council

Workgroup –public servants directly linked to politicians

Operational management – project leader

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Public Health conference 28 jan

- 150 participants – politicians, experts, officers, NGO:s
- Inspire to discuss how we can work with public health in Östergötland
- Show the needs of regional coordination
- Show that regional development – social and economic – is directly linked to public health
- Public Health is about collaboration and political decisions

Mainspeakers

- Professor Denny Vågerö, Center for Health Equity Studies and member of WHO:s "Commission on Social Determinants of Health", (Michael Marmot- commission
- Jolanda van Vliet, Centre for Public Health Science, county council of Östergötland
- Britt-Louise Nilsson, Healthy Regions project
- Kerstin Mohall, project-leader from the public health process in Östergötland



Time-line

- The process was initialized in August 2009 and will be finished in December 2010

The process will result in:

- Regional policy
- Regional coordination
- Regional commission

Policy for public health

Vision:

- Östergötland a Healthy Region

Overall aim:

- Improve the conditions in the society for a good and equal health
- Increase more year in life with with good quality
- Increase an equal health

Strategi:

- Develop steering, knowledge and methods at regional and local level



The Policy will

- Create conditions for an equal health for all
- Be linked to the work with regional and local planning
- Clarify the responsibility between all partners
- Be based on the health determinant factors

Why do we need regional coordination?

- Integrate the public health dimension in regional and local planning
- Give public health work a more important political role
- Increase knowledge exchange in the region
- Use resources and competence in a smarter way



Results so far.....

A recommendation to the municipalities and the county council to:

- approve a regional policy for public health
- work together on a regional level to achieve social and economic development
- initialize a Commission on Social Determinants of Health to work with “How to mind the gap in Health in Östergötland”

